



## Canter's Cave 4-H Camp Adams, Brown, Lawrence, Meigs, Pike Beginner Camp

The 2021 Adams, Brown, Lawrence, Meigs, Pike 4-H Beginner Camp will be held June 1 – June 4th at the Canter's Cave 4-H Camp in Jackson, OH. This camp is open to youth completing 3rd, 4<sup>th</sup>, and 5<sup>th</sup> grade in the 2020-2021 school year; youth do not have to be in 4-H to attend. Please visit <https://go.osu.edu/ABLMPBeginner> to register by May 24th.

### Camp Arrival

**Tuesday, June 1 6:00p.m.-7:00p.m.**

All campers should arrive during the designated registration times. There will be no early registration or supervision for campers brought to camp early.

Only one parent/guardian/family member per carload will be allowed to exit the vehicle for drop off. Specific details about drop off will be email prior to camp. Only campers and counselors that reside in the cabin will be permitted to enter the cabin.

All health forms will be sent to you prior to camp and must be complete and turned in by arrival. Please indicate any special dietary needs or other special accommodations on your pre-camp registration form so the Camp Director and Nurse can plan in advanced.

Upon arrival, campers will complete a health/risk assessment and temperature check. Please discuss any special health concerns with the Nurse. ALL medication must be in its original containers and given to the nurse at check-in. Please only send enough medication for the duration of camp.

**Late Campers:** Please let your 4-H Professional know if a camper is going to be late and the approximate arrival time. You can also notify camp at 740-286-4058.

### Camp Departure

**Friday, June 4th, 9:00a.m.**

#### Main Lodge

Parents may pick up campers by signing them out at the main lodge at 9:00a.m. All campers need to be picked up no later than 9:30a.m. Specific pick up information will be sent prior to camp. Only one parent/guardian/family

member per carload will be allowed to exit the vehicle for pick up.

Please note: For the safety of our campers, they must be signed out to a parent or another adult with written permission. Restricted release forms are available upon request. Once at camp, campers are expected to remain at camp. If a youth needs to leave camp, they will not be permitted to come back during the designated camp.

### Health Concerns

As recommended by the American Academy of Pediatrics, Pediatricians can advise families on whether it is safe for a child to attend camp based on his or her medical history and should make sure the child is up to date on vaccines.

Staff, campers, and family are encouraged to participate in low-risk activities the 14 days prior to camp arrival, and to make note of their health status for COVID-19 symptoms during this period.

Staff members, counselors, or campers with a fever of 100.4 degrees or higher or any other COVID-19 symptoms, such as cough or shortness of breath will not attend camp.

Any staff or campers who have been in close contact with someone who has tested positive for COVID-19 or is suspected of having COVID-19 will not attend camp.

As usual, campers or counselors who experience any signs or symptoms of illness will be seen by the camp nurse(s) for evaluation. Campers and counselors who experience COVID-19 symptoms will be isolated as a precaution and sent home as soon as possible (picked up by their family member). The Nurse will administer

medications and handle any issues that may arise, including contacting you if there are any questions.

### What to Bring

**Masks:** Masks will be worn by everyone. Exceptions will include: 1) in cabins, 2) while bathing or swimming, 3) while participating in water-related sports, 4) while participating in strenuous activities when 6 feet can be attained AND within their cohort, 5) when seated and actively eating. Campers will need to bring clean masks to be worn each day and extras will be available as needed.

**For Sleeping:** A sleeping bag, or two or three blankets (nights are cool), twin sheet and a pillow.

**Personal items:** soap, toothpaste, tooth brush, brush/comb, shampoo, bath towels, shower shoes, deodorant, bug spray, sunscreen, beach towel.

**Clothing:** Bring everyday comfortable outdoor clothes. Please do not send clothes that can't get dirty. Two pairs of comfortable shoes, socks, underwear, swimsuit, sweatshirt/jacket etc. for cool evenings.

- At least one pair of shoes should be tennis shoes. Sometimes shoes get wet. Please be sure your child has more than one pair of shoes. *Flip flops are NOT appropriate for outdoor activities because of safety.*
- One-piece swim suits are preferred for girls; however, two piece suits are acceptable as long as modesty of the wearer is observed. No string bikinis or suits that fasten only with a tie will be allowed. (If the Camp Director deems a suit to be unacceptable, a T-shirt will be required for swimming, per camp policy.)

**Misc items:** small flash light, disposable/inexpensive camera, water bottle, dirty clothes bag, rain gear, radio/mp3 player, book, watch.

### What NOT to Bring

NO tobacco products, alcoholic beverages, knives or firearms, refrigerators, computer equipment, i-pods, cell phones, tablets, Wi-Fi/Internet capable devices, fireworks, or lighters may be brought to camp. Please refer to the Informed Consent/Camp Program Release and Standards of Behavior for Minor Participants for more information on what not to bring and policies for non-compliance.

**Due to allergies:** this is a peanut and Bath and Body Works free camp. Other items may be added to the list based on results of health forms.

### Strongly Discouraged Items

Lots of extra food in the cabins (This invites furry friends and critters to visit.), anything of high value. *Camp is not responsible for lost or damaged personal belongings.* Please label your camper's personal belongings.

- It is also recommended you and your child pack for camp together. This helps them know what they brought to camp and also what they should come home with.

### Canteen

**The Canteen** is our camp store. Camp t-shirts are \$10 and are available for preorder on the registration link. (Please label it with your child's name if you are leaving it at camp with them.) Snacks and drinks are also available during the week from the canteen. \$10-15 should be more than enough to cover any needs or wants your child may have at camp. There is a Camp Bank for Beginner Camp. Your child may deposit money in the bank and take it out during designated times. *Camp is not responsible for lost or stolen money or for camp apparel found with no name.*

### In Case of Emergency

You may call camp at 740-286-4058 and ask for Rachael Fraley or Kristy Watters, Camp Program Directors. Prior to camp, please feel free to contact your local Extension Office with questions or contact Rachael Fraley, 740-533-4322 or Kristy Watters, 937-544-2339

Sincerely,

*Rachael Fraley*

Rachael Fraley  
Extension Educator, 4-H Youth Development  
Lawrence County

*Kristy Watters*

Kristy Watters  
Extension Educator, 4-H Youth Development  
Adams County

**\*\*Please remember that by registering for camp, the camper is agreeing to follow all camp policies and guidelines.**

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