

Recipe

County information



Prep Time:	
Cook Time:	
Serving Size:	

Nutrients Per Serving: Calories _____ ,

Protein	g,	Carbohydrate	g,
Dietary Fiber	g,	Total Fat	g,
Saturated Fat	g,	Sodium	mg

This recipe provided by the Ohio SNAP-Ed Nutrition Education Program



**OHIO
SNAP-ED**

Better food choices for healthier Buckeyes

INGREDIENTS

DIRECTIONS

Source:

For other healthy, low-cost recipes, visit CelebrateYourPlate.org and whatscooking.fns.usda.gov

